



WELCOME
TO



at WOOD MEDISPA



PAULWILSONAESTHETICS

@ WOODMEDISPA IN DEVON



Welcome to Paul Wilson Aesthetic Surgery at Wood Medispa

This brochure is designed to guide you through some useful information regarding the treatments available at the practice and what you can expect when you choose to have your procedure with us at Wood MediSpa.

You may also like to visit our website www.paulwilsonaesthetics.co.uk for comprehensive information and videos about our available treatments & procedures, our team and our established south west practice serving the UK.





Mr Paul Wilson

BDS FDS RCS MB ChB FRCS(Ed)
FRCS(Plast)

Paul Wilson is a renowned surgeon with over 12 years experience in private practice.

He grew up in Yorkshire before completing degrees in both Medicine and Dental Surgery from the Universities of Leicester and Liverpool respectively.

Initially trained in Oral and Maxillofacial Surgery he was made a Fellow of the Faculty of Dental Surgeons at the Royal College of Surgeons. Paul went on to train in General Surgery, becoming a Fellow of the Royal College of Surgeons of Edinburgh in 2000. He then went on to specialize in Plastic and Reconstructive Surgery completing his Higher Surgical Training in 2007 in the Southwest Region of the UK. After a post-graduate fellowship in Perth, Australia for a year, Paul was appointed Consultant in Plastic and Reconstructive Surgery at Frenchay Hospital, Bristol in 2010.

Within the NHS, Paul was the clinical lead for the department of sarcoma surgery. He also specialized in head and neck surgery with expertise in facial surgery and head and neck reconstruction.



Paul's recent retirement from the NHS allows him to concentrate in his busy aesthetic surgery practice.

As one of the top Plastic Surgeons for Facelifts and Rhinoplasty, Paul Wilson is able to offer aesthetic surgery patients only the very best care and expertise available in the country, with a contemporary and personalised approach.





1 Jul 2022

I am over the moon with my experience...

I am over the moon with my experience at Wood MediSpa. I underwent my first surgery, performed by the amazing Dr Paul Wilson, and couldn't be happier with the results. From the moment I walked in I felt very welcome and safe, which put my nerves at ease. The location is beautiful, the rooms were gorgeous and the food was amazing. Definitely recommend.

Date of experience: 01 July 2022



Our Ethos

At Paul Wilson Aesthetics, we aim to deliver the ultimate patient experience for men and women seeking excellent results in aesthetic plastic surgery.

Our aim is to improve the quality of life for our patients, which involves understanding motivations for surgery, lifestyles and aspirations.

Our holistic approach to patient care takes in to account their psychological, functional and aesthetic needs.

Providing a safe state-of-the-art environment with innovative techniques delivered by leading surgeons in the most beautiful and relaxing facilities in the UK.



The Practice Team

Dedicated to the field of aesthetic surgery, Paul Wilson is an accomplished aesthetic surgeon at Wood MediSpa, working alongside his experienced colleague, and founder of Wood MediSpa, James Mcdiarmid. Together they have a multi-disciplinary team approach to aesthetic surgery providing second opinions and a balanced team approach to the management of patients. Both surgeons work alongside the Southwest's leading consultant anaesthetists and aesthetic nurse specialists. His caring & experienced team extends to his Practice Manager, Karen Britton and his PA Chloe Pugh, who are both available to assist you right from the very start of your journey, all the way through to your aftercare and follow-up.

We are committed to making your operation or treatment with us a safe and wonderful experience. When choosing Paul Wilson, you can be assured that you will be offered only the finest standards of advice, treatment and support throughout your patient journey.



Aesthetic Surgery of the Face and Neck

We specialise in facial aesthetic surgery and offer an holistic approach to treatment. Your initial consultation will be focused on defining your wishes, discussing the procedures available and the advantages and disadvantages of each treatment.

State-of-the-art digital planning software with 3D-Vectra is used to demonstrate changes achievable by surgery. The most contemporaneous techniques in face-lifting and rhinoplasty are employed to give patients natural, youthful results.

Our aim is to always produce natural enhancements to facial form and our team offer a full range of expertly provided surgery and treatments.

Aesthetic surgical procedures of the face

- Deep plane face lift
- Open neck lift
- Sub-mental liposuction
- Facial implants
- Brow lift
- Hairline lowering surgery
- Blepharoplasty
- Pinnaplasty
- Lip lift
- Short scar face lift
- Buccal fat pad reduction
- Rhinoplasty
- Preservation rhinoplasty
- Revision facial or nose surgery

Non-surgical treatments

- Wrinkle relaxing injections
- Botulinum Toxin
- Laser resurfacing
- Hyaluronic acid fillers
- Chemical peels



3 days ago

Paul is a fantastic surgeon,from my...

Paul is a fantastic surgeon,from my first consultation to my surgery day ,welcoming , supportive and professional,Paul & staff at Woodmedi spa where 5* plus ,friendly relaxing environment always nothing was to much ,I couldn't fault anything ,I am so happy with my surgery out come ,can't thank yous all enough . Excellent care 🙌

Date of experience: 17 November 2022



Aesthetic Surgery of the Breast

Paul Wilson provides the highest level of care and expertise in aesthetic surgery at Wood MediSpa.

He provides the full complement of aesthetic breast surgery restoring the aesthetic ideals of the natural, age-appropriate perfect breast. We take in to account the psychological, functional and aesthetic needs of every patient.

Aesthetic surgery of the breast may be required for congenital and acquired deformities of the breast. These range from tuberous breast deformity, asymmetries of the breast, under development and breast enlargement. Acquired problems include post-partum deflation of the breasts and deformities secondary to previous breast surgery such as asymmetries and capsular contracture.

Surgical Procedures of the Breast

Breast augmentation

Breast uplift

Breast reduction

Mommy makeover

Augmentation Mastopexy

Breast symmetrising surgery

Fat grafting to the breasts

Tuberous breast deformity

Breast surgery after childbirth

Nipple and areola reduction

Breast surgery following weight loss

Male breast reduction or gynaecomastia

Male pectoral implants

Revision or secondary breast surgery



7 days ago

Calm and friendly just what you want

Mr Paul Wilson and his team were fantastic. He performed a tummy tuck and breast work and I couldn't be happier. He corrected what years of exercise couldn't. Warm, friendly, his team even made sure my partner was looked after. Lovely team.



Aesthetic Surgery of the Body

Paul Wilson provides the highest level of care and expertise in aesthetic surgery of the body at Wood MediSpa.

He provides the full complement of aesthetic surgery of the body, restoring the aesthetic ideals of the natural body. We take in to account the psychological, functional and aesthetic needs of every patient.

Aesthetic surgery of the body is commonly performed following childbirth when your family is complete.

Sequential procedures are often performed following massive weight loss, secondary to dieting, exercise or bariatric surgical procedures such as gastric band or sleeve,

Aesthetic surgical procedures of the body

Abdominoplasty(tummy tuck)

Mommy make-over

Mini-abdominoplasty

Liposuction

Vaser liposuction

High definition liposculpture

Renuvion

Thigh lift

Arm lift

Body lift

Buttock lift

SAFE BBL

Calf and buttock implants

Bra-line back lift



10 Nov 2022

Recommend without hesitation

Great communication from Paul's team prior to and post surgery. Free online consultation prior to face to face consultation. Reasonably priced. Choice of locations for both consultation and operation.

Fantastic results from the operation, Paul listened to what my specific concerns were and made sure these were addressed. Aftercare has been great. Very pleased overall and would recommend without hesitation.

Date of experience: 03 October 2022





3 Feb 2022

Excellent experience

I had a breast augmentation and rhinoplasty with Paul Wilson back in September. The treatment I received was excellent, I was well looked after from beginning to end, and so far am very happy with my results. I would not hesitate to recommend wood medispa!

"Some of our happy patients "



Our Clinics & Hospital

Paul Wilson's private practice is based at Wood MediSpa, South Tawton, Devon.

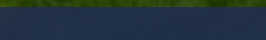
Out-patient appointments are available in Bristol, Newport or Devon.


Devon out-patient clinics include South Tawton, near Okehampton or Plymouth.

Inpatient care for adult aesthetic procedures takes place at Wood MediSpa, South Tawton, Devon, Ex20 2LS.

If indicated, Paul Wilson may perform your procedure under local anaesthetic. This is within a dedicated minor operating theatre or within the main operating room.

This means that you are able to leave shortly after your procedure, but still receive the same thorough & excellent aftercare that you would expect following a general anaesthetic.





Mr Wilson performed a rhinoplasty on me and embedded a custom-made pectoral implant within the same operation. Finding a surgeon that could perform both procedures at once was a source of great relief to me, and I could not be happier with the results.

PW
PAUL WILSON
AESTHETICS

“Facelifts, breast augmentation, abdominoplasty and other aesthetic surgery procedures are safely & effectively conducted under general anaesthetic by a dedicated team of expert consultant anaesthetists”



“Our modern holistic approach to aesthetic surgery encompasses the latest techniques and approaches to aesthetic surgery”

Aftercare

Prior to discharge you will be given bespoke instructions relating to your surgery in addition to any medications and painkillers.

You need to rest until the effects of the general anaesthetic have passed. You will need to arrange for someone to take you home. You cannot drive for at least 24 hours following your surgery. Your surgeon may suggest longer.

Try to have a friend or relative stay with you for the first 24 hours after your operation.

Your nurse will give you advice about caring for your wounds and dressings. You may be given dressings to take home.

A date for a follow-up appointment will be given to you before you leave the hospital.

You will be given a telephone number and email address to contact should you have any concerns or questions once you get home.

You will usually return for a review appointment one week after surgery, to ensure recovery is proceeding as expected and to remove any dressings and non-dissolvable stitches.

We will discuss the best way to look after scars, to ensure the best possible outcome and will offer guidance if needed about a gradual return to normal activity and work.

Further advice on garments and manual lymphatic drainage maybe given to you prior to discharge.

For more major operations, it is often necessary to return for several post-operative appointments.

Most people are able to return to work about 14 days after surgery, at which point most of the bruising and swelling should have settled.



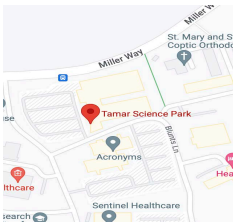
Our Locations



Wood MediSpa,
Devon



Litfield House,
Clifton, Bristol



Tamar Science Park,
Plymouth

Paul Wilson Aesthetics

Wood MediSpa, South Tawton,
Devon, EX20 2LS



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